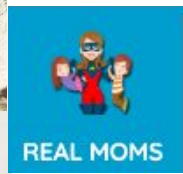




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**I think it is absolutely important for a woman (as a mother or as a wife) to feel significantly happy. You can't imagine a happy home without a happy (home)maker. You can't raise an independent and empowered children if the mother doesn't feel independent and empowered.**

**Meghalee Nath, Founder, Mom's Cove**

**Stop doubting your capabilities to run your family and being a good mother to your kids all the time. We all feel guilty for things we are not able to manage and cope up with but deep in the heart, we know we love our kids and we do the best to our capacity.**

**Arwa Turra, author of Heartstrings**



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**This phase shall pass, and you will get better. Don't let a small baby stop you from traveling or going out. Don't stress about weight, career and life plans. Take each day as it comes. Don't try and be the 'best' Mom. Be a 'happy' Mom.**

**Niyati Sharma, Founder, Faujimom**



**"A Real mom, Emotional, yet the rock. Tired, but keeps going. Worried, but full of hope. Impatient, yet patient. Overwhelmed, but never quits. Amazing, even though doubted. Wonderful, even in the chaos. Life changer, every single day."**

**Surbhi Prapanna, Homeopathic therapist**



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**This one relationship in the world is based on instinct, love, and trust. We fall, we get up and we learn, that's what a mom-son relationship undergoes at each and every level.**

**Swati Gupta, Explorer**

**For preschoolers, keep calm and I know it's easier said than done. Use their energy in some creative way like going for some extracurricular classes which they love.**

**Kavita Singh, MomTastic World**



Kids grow up very fast, it is important to create good, happy memories because that is all that remains in the end.

Palak Jain, Founder, @PForEyelash

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It's important to me that my children are confident and they learn by my example!

Lloyd Robin Founder, MomTasticWorld



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**A mom, who makes lots of mistakes, accepts it and moves on for a better tomorrow is a 'real' mom. I can never be perfect and I accept with pride and dignity. I don't want to kill the real person by aiming to be a 'perfect mom.'**

**Jhilmil Bansali, Founder, Mommy In Me**



**Following a fixed routine. Even though it seems like a clock-work, but a fixed routine helps plan and organize your day better.**

**Charu Sareen, Founder, The Mom Sagas**



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**It's okay if your son doesn't get the choice of his juice. It's absolutely fine to not buy the 3rd Barbie Doll even if she is sobbing and creating a fuss. The problem of having too much is common these days.**

**Ekta Chawla, Founder, Confused Parent**



**Parenting is a very unique ability that does not really have a universal blanket format. It has to be tailor-made for every individual child.**

**Ghazala Yasmin, Professor**



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Dear Moms of twins, truth be told, it is never going to get EASY! Don't believe people who give you the 2-year threshold that once they are 2, it will be fine... no, it's ever going to fine!

Prisha Lalwani, Founder, Mummasaurus

It takes a village to raise a kid! And while we are seeking support of this entire village, why not feel like we are empowering them all to contribute in a positive way?

Shalu Sharma Founder, The Dreamer Mum



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**My child has been with me as a true supporter. He has seen my journey all-through. He went to all my work meetings, he has always been calm. He teaches me to be patient.**

**Sonali Tandon, Mompreneur**



**The most challenging part is the satisfaction in knowing you have done enough and erasing self-doubt.**

**Upasana Luthra, Head, PR, Gurgaon Moms**



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**For a mother, equilibrium is a far fetched dream because of societal pressures.**

**Saakshi Kapoor, Founder, Barber Black Sheep**



**Do not believe that motherhood is be all and end all, take out time for yourself.**

**Usri Sen, Communications Pofessional**



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I have realized as a working mom is that motherhood isn't easy. I will have to juggle between work and family life or trying to achieve my own personal peace.

**Meenakshi Singh, Mompreneur**



Dear moms, you are handling a teenager, but you are not one, so don't lock your horns with them.

**Nayana Chowdhury, Corporate Professional**



**Remember who you are, and that's the first step; it is so easy to get lost in this beautiful journey called motherhood.**

**Karuna Sud, Mom Influencer**

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**Learn to assert yourself and express your feelings. Negotiate your way through parenting.**

**Jaya Bhattacharji Rose, Publishing Consultant**